

What Should I Bring?

Personal

Item	✓
Provincial Health Card (obligatory)	
Laundry detergent	
Towel set	
Toiletries	
Medication	
Personal property insurance	
Supplementary health insurance (optional)	
Special dietary foods you need	
Valid passport <u>or</u> ID	

Supplies

Items	✓
Lunch box with clearly identified ice pack (obligatory)	
Laptop computer (optional)	
Notebook	
Pens and paper	
French / English dictionary	
French dictionary (optional)	
Bescherelle <i>L'art de conjuguer</i> (optional)	
Flashlight	
Water bottle	

Clothing

Items	✓
Casual clothes	
Warm sweater or jacket	
Windbreaker	
Formal clothes for graduation ceremony	
Gym clothes	
Old jeans and shirt for our Olympics (summer programs only)	
Raingear	
Sports shoes	
Hiking boots (optional)	

Outdoors

Items	✓
Insect repellent	
Sunglasses, sunscreen, hat	
Skateboard, Inline skates (optional)	
Bathing suit	

Miscellaneous & Optional

Items	✓
Alarm clock	
Camera	
Musical instrument	
Headset	